



ORGANIC ROUTE

Organic Route LLC
P.O Box 90992
Portland, OR 97290
info@organicroute.org

Premium Dried Jackfruit

***FOB Prices Kampala, Uganda: Organic: \$12.69/kg Conventional \$5.00/kg (USD)**

Dried jackfruit is an exquisite treat with a delicate tropical flavor. This sweet and delicious fruit makes a wonderful snack. As a rich source of fiber, vitamins and minerals, dried jackfruit is the perfect addition to any healthy diet.

Health benefits of dried Jackfruit

Dried jackfruit is high in dietary fiber, which nourishes the digestive tract and promotes a sense of fullness. It is also rich in immunity boosting vitamin C to help protect the body against colds and viruses; vitamin C also supports wound healing and is essential for healthy skin. Jackfruit is also high in iron, which makes dried jackfruits an energizing snack that's good for bones and teeth health. Dried jackfruit is packed with antioxidants, the protective compounds that neutralize free radicals. The huge potassium content of jackfruit promotes cardiovascular health by regulating heartbeat and reducing high blood pressure.



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Product Specification

❖ Physical Characteristics

- Appearance: Light red-brown to golden yellow
- Flavor: Sweet and soft with no rancid or off flavors

❖ Analysis

- Brix: >15
- Moisture: 16.0% (Subject to change on order)
- Thickness: 2mm (subject to change on order)
- GMO Status: None
- Certifications: NOP Organic, EU Organic, conventional, HACCP
- Variety: *Artocarpus Heterophyllus*
- Nutritional Summary: Serving Size 40g Calories 103, Total Fat 0g, Total Carbs 26g, Dietary Fiber 6.6g, Sodium 1mg, Sugar 17g, Protein 2g

❖ Microbiological Requirements

- Standard plate count 50,000 UFC/gm maximum
- E. Coli <3 NMP/g
- Staphylococcus C.P. Negative
- Yeast 1,500 UFC/g maximum
- Mold 1,500 UFC/g maximum
- Salmonella Negative

❖ Raw Material/Manufacturing

Premium Dried Jackfruit are dried exclusively in gluten-free and non-GMO facilities that only process fruit products. It is processed **without** the addition of any chemicals or additives.

❖ Packaging

Premium Dried Jackfruit are packed in 1kg or 2 kg multi-layer polythene-lined (HDPE) bags (size can change base on order).

❖ Shelf Life

12 months. Store in a cool, dry environment.



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100% NATURAL
100% ORGANIC

ORGANIC ROUTE
Dried Jackfruit
+256.788.916.102 / +256.755.355-459
www.organicroute.org

Free From added sugars

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Organic Route Uganda Ltd.
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Kole Road, Junior Quarters,
Lira Municipality, Uganda



Best Used By:
October 20th, 2019

Nutrition Facts
1 servings per container
Serving size (40g)
Amount Per Serving
Calories 100

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Sodium	0mg	0%
Total Carbohydrate	26g	9%
Dietary Fiber	7g	28%
Total Sugars	17g	0%
Includes 0g Added Sugars		0%
Protein	2g	4%

†Percent Daily Values are based on a diet of other people's secrets. The amount shown is derived from a laboratory test performed on this product. Actual values may vary. © 2019 Organic Route LLC. All rights reserved. Organic Route is a registered trademark of Organic Route LLC.



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