ORGANIC ROUTE

Organic Route LLC
P.O Box 90992
Portland, OR 97290
info@organicroute.org

Premium Dried Jackfruit

***FOB Prices Kampala, Uganda: Organic: $12.69/kg Conventional $5.00/kg (USD)**

Dried jackfruit is an exquisite treat with a delicate tropical flavor. This sweet and delicious fruit makes a wonderful snack. As a rich source of fiber, vitamins and minerals, dried jackfruit is the perfect addition to any healthy diet.

Health benefits of dried Jackfruit

Dried jackfruit is high in dietary fiber, which nourishes the digestive tract and promotes a sense of fullness. It is also rich in immunity boosting vitamin C to help protect the body against colds and viruses; vitamin C also supports wound healing and is essential for healthy skin. Jackfruit is also high in iron, which makes dried jackfruits an energizing snack that’s good for bones and teeth health. Dried jackfruit is packed with antioxidants, the protective compounds that neutralize free radicals. The huge potassium content of jackfruit promotes cardiovascular health by regulating heartbeat and reducing high blood pressure.

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Product Specification

❖ Physical Characteristics

- Appearance: Light red-brown to golden yellow
- Flavor: Sweet and soft with no rancid or off flavors

❖ Analysis

Brix:	>15
Moisture:	16.0% (Subject to change on order)
Thickness:	2mm (subject to change on order)
GMO Status:	None
Certifications:	NOP Organic, EU Organic, conventional, HACCP
Variety:	*Artocarpus Heterophyllus*
Nutritional Summary:	Serving Size 40g Calories 103, Total Fat 0g, Total Carbs 26g, Dietary Fiber 6.6g, Sodium 1mg Sugar 17g, Protein 2g

❖ Microbiological Requirements

Standard plate count	50,000 UFC/gm maximum
E. Coli	<3 NMP/g
Staphylococcus	C.P. Negative
Yeast	1,500 UFC/g maximum
Mold	1,500 UFC/g maximum
Salmonella	Negative

❖ Raw Material/Manufacturing

Premium Dried Jackfruit are dried exclusively in gluten-free and non-GMO faculties that only process fruit products. It is processed **without** the addition of any chemicals or additives.

❖ Packaging

Premium Dried Jackfruit are packed in 1kg or 2 kg multi-layer polythene-lined (HDPE) bags (size can change base on order).

❖ Shelf Life

12 months. Store in a cool, dry environment.

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